MATERAL – CHILD OBESITY RISK

**Macrosystem:** Social and health policies, cultural norms and values

**Microsystem:** Home, school, work

**Mesosystem:** Neighborhood, home-work-social life relationships

**Exosystem:** Decision from town council regarding use of public spaces for leisure

**Individual:** Lifestyles (nutrition, physical activity), obesity status

**Time:**
- gestation
- infant
- toddler
- preschooler
- child
- teen
- adult

The multilevel components of the social-ecological model depicting how macro-, exo-, meso- and micro-systems shape lifestyle behaviors and maternal--child obesity risks. The time dimension depicts the life-course framework for understanding change in environments/exposures across the life-course and the parental--offspring ‘transmission’ of obesity risk. Diagram developed for manuscript based on concepts from Perez-Escamilla and Bermudez and Bronfenbrenner.